

Breast cancer Check list

1. Schedule Appointment

___a. Call 858.613.6120

___b. Once you've made an appointment, one of our Jean McLaughlin Women's Center staff may contact you to obtain basic information about you and your diagnosis.

2. Breast Imaging

___a. If your breast imaging was performed at Jean McLaughlin Women's Center, our staff will review reports and help determine if additional imaging or biopsies are required. Be aware that the need for additional imaging may not be clear until after you see me in consultation.

___b. If your breast imaging was done elsewhere it will need to be submitted to our radiologists for their review. The Jean McLaughlin Women's Center staff will instruct you on what studies need to be submitted, and where to deliver them. This review can take up to a week or more and once completed it is very likely that our radiologists will recommend additional imaging (mammogram, ultrasound and/or breast MRI). If additional studies are recommended, the Jean McLaughlin Women's Center staff will help coordinate this scheduling.

3. Pathology Review

___a. If your biopsy was done elsewhere you will need to have the actual pathology slides or tissue delivered to Jean McLaughlin Women's Center for review. Once delivered, it will be submitted to our pathologists for review and confirmation of the diagnosis. This step is not necessary if your biopsy was performed at Jean McLaughlin Women's Center.

4. Consultation with Dr. Revesz, MD

___a. You will meet with me at the Jean McLaughlin Women's Center located on the First floor of the Pomerado Outpatient Pavilion. The address is: 15611 Pomerado Road 1st floor Suite 106. Poway, CA 92064

___b. Many of the usual forms which need to be completed the first time you see a physician will be emailed to you prior to your visit. If you do not have an e mail we can also mail it to you. You also have the option of filling out the forms prior to your appointment in the waiting room. In that case please plan to be in the clinic one hour before your scheduled appointment.

___c. At the time of your consultation you will meet with me as well as our nursing staff.

___d. I will review your imaging studies, pathology results, examine you and then we'll review your options together. I may show you your actual imaging studies and I'll use worksheets and possibly photos to help illustrate my recommendation and explain the reasons for them.

___e. If we decide that you need additional breast imaging the Jean McLaughlin Women's Center staff will help coordinate scheduling. We may suggest a breast MRI to further evaluate the breasts. Prior to scheduling a breast MRI we will discuss the pros and cons (very sensitive but many false positives requiring additional imaging and/or biopsies and it is expensive).

___f. You will have plenty of opportunities to ask questions during and after the consultation.

5. Surgery

___a. Once all studies have been obtained and a decision has been made regarding your best surgical option, the Jean McLaughlin Women's Center staff will coordinate the scheduling. Prior to surgery you may require:

___Plastic surgery consultation regarding reconstruction options

___Medical clearance for surgery from your primary care physician

___Consultation with Medical or Radiation Oncology (these consultations usually follow surgery once the final pathology results are available)

___b. The Jean McLaughlin Women's Center will work with you to optimize scheduling. Please realize that the entire preoperative evaluation can take 2-3 weeks or more. If you're undergoing immediate reconstruction the surgery date will need to be coordinated with the plastic surgery team

___c. The final operating room schedule is not available until the day before your surgery. Hospital staff will call you and tell you when to arrive at the Pomerado or Palomar Hospital and give you special preoperative instructions.

___d. Please be patient. The times you're given for surgery are an approximation. Delays can and do occur because preceding operations may take longer than expected for a variety of reasons.

___e. The pathology results will be available approximately 4-5 days after surgery. I will call you with the results.

6. Postoperative Care

___a. A separate postoperative care instruction sheet can be found under the heading "Postoperative Instructions" in your information packet.

___b. I generally see patients 1 ½-2 weeks after surgery. At that time I will examine the incisions, remove drains if present and review the pathology report with you. We'll then discuss any further treatment and consultations. There is a good chance that you will need to see both medical oncology, regarding possible chemotherapy and/or hormonal therapy, and radiation oncology regarding postoperative radiation therapy. These consultations usually take place 1-3 weeks after surgery. We will help you see the oncologist of your choice or we'll recommend one for you.

___c. I will follow you over the next five years as will your other oncologists. I will generally see you 1-3 weeks after surgery (postoperative check), 6 months after surgery and then yearly.